



Stirling
School of English SCIO
61-63 Murray Place, Stirling, FK8 1AP
Tel. 07742514087
Email: admin@stirlingschoolofenglish.com
www.stirlingschoolofenglish.com

Semester Risk Assessment Template – Student Pregnancy Policy

Health and safety considerations that arise during pregnancy, breastfeeding, or giving birth within previous 6 months, and the risks to which students could be exposed to require assessment.

Students should be encouraged to notify the School Manager as early as possible so that this assessment can be conducted as evidence suggests that the first 13 weeks of pregnancy is a critical time for the unborn child. If tutors or other volunteers become aware of an undisclosed pregnancy, then they must report this to the School Manager as a matter of urgency.

A risk assessment is conducted as soon as a student discloses their pregnancy. This ensures that there are no elements of the programme of study that presents a risk to the health and safety of the student or their unborn child. This template is maintained and reviewed regularly to take into account possible risks that may occur at different stages of the pregnancy. Given the nature of semester-time classes, many related classroom activities are considered low-risk. Students taking part in the summer school excursions may engage in activities that are more likely to present greater risks:

- General conditions; “work” at heights; travelling; fatigue
- Physical activity including lifting, handling and carrying, and vibrations.
- Exposure to general infections

A risk assessment for each summer school excursion should be completed as required and a decision made whether or not the activity may need to be avoided in totality or if appropriate adjustments can be provided.

All risk assessments undertaken should consider any medical advice the student has received.

It is recognised that students may wish the information to be treated in confidence and this will be respected, except where relevant teaching staff must be informed, or it is judged necessary to take expert advice.

Risk Assessment template created: September 2023

Risk Assessment template last updated: September 2023

Student Pregnancy Risk Assessment Form (Strictly Confidential)

Name of student:

Contact details:

Course/class details (including location[s]):

Class teachers:

Are class teachers to be informed: Yes / No

Date of initial risk assessment:

Student's expected due date:

Date of planned review/reviews (as required):

Assessor's name and signature:

Student's Signature:

Consider the following in relation to the aspects of pregnancy that may impact upon the student's activities:

Aspects of pregnancy	Factors in studying	Aspects of pregnancy	Factors in studying
'Morning' sickness / Headaches	Early classes / Exposure to nauseating smells	Tiredness	Early morning classes / evening classes
Backache	Standing / posture / manual handling / available seating	Frequent visits to toilet	Difficulty in leaving classes / availability of toilets
Varicose veins	Standing / sitting	Balance	Floor surfaces – slips and trips / climbing stairs
Haemorrhoids	Studying in hot conditions	Stress	Increased levels of stress / anxiety

Notes: aspects of the above which are needed relevant and additional adjustments made which are not covered in the relevant checklist(s). This should include the room number of the unused room in Wallace High that will always be available to the student for resting during classes.

Assessment Checklist – Wallace High School

- Sickness/frequent toilet visits** - student reminded about toilet locations and encouraged to use them as required, including by leaving the classroom during lessons. Ground floor locations: disabled toilet in foyer area; general toilets opposite stairs to classroom. Upper floor location: disabled toilet within language classrooms area.
- Backache/varicose veins** - student encouraged to sit or stand during lessons and class breaks as required. Student has been encouraged to move around the room and/or leave the classroom as required.
- Backache** – hardback chairs are standard in all classrooms which may not be ideal for posture/comfort. Student is welcome to use the softer teacher’s chair, particularly as standard during the more advanced stages of pregnancy.
- Tiredness** – an unused classroom is available to the student at all times, should they need a private area to rest. Comfortable chairs are available in the central area between the language classrooms and the student may sit there whenever required, should they prefer to rest there than in a more private space. Class activities will be adjusted as required, should extreme tiredness is experienced and the student is welcome to either not participate in an activity, to arrive late to class, or to leave class early. The student is welcome to request any other support their feel would be helpful.
- Balance** – floors may be wet after cleaning by the high school staff. Yellow warning signs should be visible during these instances and student is reminded to take extra care.
- Balance** – student may have trouble climbing the flight of stairs to / descending the stairs from the classroom area. The student is welcome to use the lift within the foyer (opposite the disabled toilet).
- Stress** – all appropriate support to reduce stress and anxiety will be undertaken within the classroom and linked to homework. This includes assessment dates being communicated as early as possible to the student. The student is encouraged to discuss any additional adjustments not currently in place that they feel will fully support them in reducing levels of potential stress and/or anxiety.
- Classroom temperatures** – steps are always taken to try and maintain a comfortable temperature within the classrooms. If the student is feeling warm, they are welcome to open windows or relocate next to an open door/window. If the student is feeling cold, they are welcome to shut any open windows and/or relocate next to a radiator which is switched on. If the student does not feel comfortable in opening/closing windows then they are encouraged to ask their teacher to do so.
- Manual handling** – students are not normally asked to manual handle boxes or classroom items. Occasionally, teachers may ask students to help with re-arranging the future, the student is encouraged to wait at the side and to not engage in this activity.

Assessment Checklist – Level One

- Sickness/frequent toilet visits** - student reminded about toilet locations and encouraged to use them as required, including by leaving the classroom during lessons.
- Backache/varicose veins** - student encouraged to sit or stand during lessons and class breaks as required. Student has been encouraged to move around the room and/or leave the classroom as required.
- Backache** – hardback chairs are standard in all classrooms which may not be ideal for posture/comfort. Student is welcome to use the softer teacher’s chair, particularly as standard during the more advanced stages of pregnancy.
- Tiredness** –comfortable chairs and sofa are available in the main area and one of the classrooms and the student may sit there whenever required. Class activities will be adjusted as required, should extreme tiredness is experienced and the student is welcome to either not participate in an activity, to arrive late to class, or to leave class early. The student is welcome to request any other support their feel would be helpful.
- Balance** – in very rare circumstances floors may be wet after cleaning in the main area and the narrow corridor. Yellow warning signs should be visible during these instances and student is reminded to take extra care.
- Balance** – student may have trouble climbing the flight of stairs to / descending the stairs from the classroom area. The student is welcome to ask the manager for assistance to access the school via the back door.
- Stress** – all appropriate support to reduce stress and anxiety will be undertaken within the classroom and linked to homework. This includes assessment dates being communicated as early as possible to the student. The student is encouraged to discuss any additional adjustments not currently in place that they feel will fully support them in reducing levels of potential stress and/or anxiety.
- Classroom temperatures** – steps are always taken to try and maintain a comfortable temperature within the classrooms. If the student is feeling warm, they are welcome to open windows or relocate next to an open door/window. If the student is feeling cold, they are welcome to shut any open windows and/or relocate next to a radiator which is switched on. If the student does not feel comfortable in opening/closing windows then they are encouraged to ask their teacher to do so.
- Manual handling** – students are not normally asked to manual handle boxes or classroom items. Occasionally, teachers may ask students to help with re-arranging the furniture, the student is encouraged to wait at the side and to not engage in this activity.